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at a predetermined time an effective amount for inhibiting dopamine beta hydroxylase activity in said animal or human of a compound having the property of inhibiting dopamine beta hydroxylase.

2. The method of claim 1 which comprises administering said dopamine beta hydroxylase inhibitor compound to reduce body fat stores.

3. The method of claim 1 which comprises administering said dopamine beta hydroxylase inhibitor compound to increase plasma HDL.

4. The method of claim 1 which comprises administering said dopamine beta hydroxylase inhibitor compound to reduce hyperlipidemia.

5. The method of claim 1 which comprises administering said dopamine beta hydroxylase inhibitor compound to reduce elevated blood lipoproteins.

6. The method of claim 1 wherein said predetermined time is the beginning of the daily activity period of the subject.

7. The method of claim 1 wherein said compound having the property of inhibiting dopamine beta hydroxylase is a member selected from the group consisting of fusaric acid, disulfiram, diethyldithiocarbamate, beta-chlorophenethylamine, 4-hydroxybenzyl cyanide, 2-halo-3-(p-hydroxyphenyl)-1-propene, 1-phenyl-1-propyne, 2-phenylallylamine, 2-(2-thienyl)allylamine, 2-thiophene-2-(2-thienyl)allylamine, 3-phenylpropargylamine, 1-phenyl-1(aminoethyl)ethene, N-(trifluoroacetyl)phenyl(aminoethyl)ethene, 5-picolinic acid substituted with an alkyl group containing up to 6 carbon atoms, 5-picolinic acid substituted

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with a halo alkyl group containing up to 6 carbon atoms, prodrugs thereof, metabolites thereof, and pharmaceutically acceptable salts thereof.

8. The method of claim 7 wherein said dopamine beta hydroxylase inhibitor compound is 5-(4'-chlorobutyl) picolinic acid.

9. The method of claim 7 wherein said dopamine beta hydroxylase inhibitor compound is fusaric acid.

10. The method of claim 7 wherein said dopamine beta hydroxylase inhibitor compound is 3-phenylpropargylamine.

11. The method of claim 7 wherein said dopamine beta hydroxylase inhibitor compound is disulfiram.

12. The method of claim 7 wherein said subject is a human.

13. The method of claim 12 wherein said predetermined time is within the interval from about 07:00 h to about 13:00 h.

14. The method of claim 12 which comprises administering said dopamine beta hydroxylase inhibitor in an amount between about 1 to about 150 mg per kg of body weight per day.

15. The method of claim 12 which comprises administering multiple doses of said dopamine beta hydroxylase inhibitor within said time interval.

16. The method of claim 7 wherein said subject is a human and said dopamine beta hydroxylase inhibitor is administered for between 10 and 180 days.

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